



Emory University's Wellness & Support Resources

This document is designed to help students, faculty members, and staff identify appropriate **Campus Life and University-sponsored** resources to meet student needs. Each bullet represents a service or resource offered by the office listed at the top of each section. Use the hyperlinks to navigate to websites to learn more.

****In the case of an emergency, please call Emory Police at 404-727-6111 or 911.***

[Counseling and Psychological Services- CAPS](#) (404-727-7450)

- **Counseling Services**
 - **Individual Counseling Sessions: 12 free sessions** with a CAPS counselor per academic year
 - **[Let's Talk Drop-in Consultation Service](#)**: a 15-minute, free, one-on-one consultation service. No appointment necessary.
 - **[Group Counseling](#)**: topic-specific and affinity group sessions offered each term
 - **[Couples Counseling](#)**: available when both partners are Emory enrolled students
 - **[Crisis Walk-in Appointments](#)**: M-F, 8:30am-3:30pm (EDT) (Walk-in appts do not count towards 12 scheduled sessions)
- **[Virtual Drop-In Workshops](#)**: unlimited, single-topic, group sessions, including weekly, virtual mindfulness workshops
- **[Stress & Biofeedback Clinic](#)**: a three-week class that teaches participants to recognize and manage stress
- **[Off-campus Provider Referrals](#)**: [Thriving Campus](#) platform provides search options for off-campus providers that meet specific needs and preferences.

[Student Case Management and Intervention Services- SCMIS](#) (404-727-4193)

- **Student Intervention Services**
 - To receive immediate help for a student in distress, faculty, staff, and students can speak to a clinical social worker 24/7 by calling 404-430-1120.
 - To request a consultation for students needing assistance related to any concern (including isolation and quarantine), faculty, staff, and students can e-mail sisteam@emory.edu, or [submit a student of concern form](#). E-mails and forms will require time for routing and response.
- **Direct Service Assistance** with student needs and services such as **short-term housing and food assistance**. Students submit an [online request form](#), and someone from SCMIS will follow up.

[Student Health Services](#) (404-727-7551)

- **On-campus health care providers** for multiple **physical health specialties** and **psychiatric services**. Accepts Emory University Student Health Insurance Plan (EUSHIP)
- **[Emory Student Telehealth](#)** (833-484-6359; online login will be more direct)
 - Provided by TimelyMD
 - Available to students anywhere in the world
 - **Virtual health appointments**
 - **Mental health** professionals are available **24/7** via TalkNow

Office of Health Promotion (404-727-1000)

- [Alcohol and substance use](#) education and resources for students or students concerned about a friend, roommate, or loved one
- [Mental well-being](#) programs, education, and resources specifically on mindfulness and sleep improvement
- [Sexual health](#) education, resources, and services including safer sex supplies and free HIV testing

Office of Respect (24 Hour Hotline: 470-270-5360)

- [Help, advocacy, and support](#) for students impacted by **sexual harassment, sexual assault, or partner violence**
- [Training, programs, and events](#) to educate the Emory community on **sexual harassment prevention**

Office of Diversity, Equity, and Inclusion (404-727-9867)

- [Title IX Coordinator for Students](#) (404-727-4079)
 - **Report sexual harassment and misconduct** that may violate Title IX law and Emory policy
 - **Formal and informal resolution options available**
- [Department of Accessibility Services](#) (404-727-9877)
 - Request a consultation for **accommodations, including short term or injury-related accommodations**

University's Bias Incident Reporting

- **Report language or action that demonstrates bias** against one's protected characteristics. Bias incidents include, but are not limited to, name-calling, stereotyping, belittling, or excluding others based on their identity. Some, but not all, bias incidents may rise to the level of discriminatory harassment, sexual misconduct, or other violations of policy or law. Click here for more information about [LGS specific bias reporting](#).

Ombuds Office (404-727-1531)

- **Assistance navigating interpersonal conflicts**, improprieties or unfairness as well as guidance on University policy and procedure about the issue
- **Informal mediation** through facilitated discussions for individuals experiencing interpersonal issues

Additional Student Wellness and Support Resources:

- LGS: ["Student Support Services"](#) webpage
- GDBBS: ["Resources for Students"](#) webpage
- Campus Life: ["Get Support"](#) webpage